**GLUTEN FREE BEACH HUT MENU - EAT IN - TAKE-AWAY**

**BREAKFAST**

‘Watermouth Brekkie’ -Bacon (2), Sausage (2), Fried Egg (1), Beans and Toast............................£5.95

‘Veggie Brekkie’ - Fried Egg (2), Hash browns (2), Beans and Toast………...................................£4.50

‘Kiddies ‘Brekkie’ - Bacon (1), Sausage (1), Fried Egg (1), Hash Brown (1), Beans………...……….£4.50

Toast and Butter.……………………………………………………………………………………..……£2.95

Toast and Butter and Jam………………………………………………………………..……………….£3.50

Cereal…………………………………………………………………………………….…………………£2.75

Beans on Toast……………………………………………………………………….……………………£3.95

Beans on Toast with Cheese………………………………………..……………………………………£4.50

**LUNCH**

Chilli-con-Carne with Rice…………………………………………………………………………..…….£8.95

Veggie-con-Carne with Rice……………………….……………………………………………..………£8.50

Ham, Egg and Chips…………………………………………………………………………..…………..£6.95

Ham and Cheese Salad served with a Blue Cheese Dressing………………………………..…....…£6.95

**Jacket Spuds – Served with Fresh Salad Garnish and Coleslaw**

Cheese & Beans……………......................…£6.75Tuna & Mayo…………………...…….…£6.75

Cheese & Coleslaw……………………..…….£6.75 Cheese…...……………………………...£6.25 Beans…………………………………….……..£6.25

**DINNER**

4 cheese Pizza - Served and……...…………………...…………………….………………………….£11.95

Chilli-con-Carne with Rice…………………………………………………………..…………………….£8.50

Veggie-con-Carne with Rice……………………….…………………………………………………..…£8.50

Ham, Egg and Chips………………………………………………………………………………..……..£6.95

Chicken Tikka Masala with Pilau Rice……………………………………………………………..……..£9.95

Ham and Cheese Salad served with Dressing on the Side….……………….………………….....…£6.95

Choice of Jacket Spuds – Please see above

**Sides**  **Kids**

Mushy Peas……………...……………………..£1.50 Ham, Egg & Chips…………………….…..£4.50

Beans…………………..………………………..£1.50 Sausage and Chips……….…………..…..£4.50

Chips………………..……………………..........£2.95

Cheesy Chips……..........................................£3.95

Poppadum………………………………………£1.00

Side Salad…………………………………..…..£3.75

OUR CHIPS ARE FRIED IN A DIFFERENT FRYER TO AVOID CROSS CONTAMINATION.

IF YOU ARE COELIAC OR GLUTEN INTOLERANT WE KNOW HOW FRUSTRATING IT CAN BE TO FIND FOOD THAT IS WITHOUT GLUTEN AND WE HOPE YOU WILL FIND THIS GUIDE USEFUL.